

# Alberni Community and Women's Services Society



## COLDEST NIGHT OF THE YEAR

## NEWS BRIEF

Together we raised over \$22,000 for the homeless, hungry, and hurting in Alberni Valley. Thanks to everyone who volunteered, walked, sponsored, and pledged to make our Coldest Night of the Year event a huge success.

Circle the date, February 22, 2020.

“We walk humbly, realizing that anyone can lose their footing and then lose everything else.”

*2019 Coldest Night of the Year*



We are pleased to welcome several new employees to our team.

- Kerry Erickson, STV Counsellor
- Abby Liggett, Adult/Youth Outreach
- Frances Wilson, Kristy Salter, and Catherine McLean, Transition House Workers.



## BURGER AND BEER

Royal LePage is hosting a Burger and Beer Fundraiser on Thursday May 9th from 5:30—8:00 pm at Boston Pizza. Tickets are \$25.00 and are available at the Royal LePage office, 1-4505 Victoria Quay, 250-723-5478. Ticket includes a burger (or pizza or pasta) and a drink (domestic beer or wine). There will be a Silent Auction and a 50/50 draw.

Please join us for an evening of fun with all proceeds going to Alberni Community & Women's Services Society.

***Thank you Royal LePage Realtors***

For more information about our programs and services, or to find out how you can help call 250.724.7111, visit our website @ [www.acaws.ca](http://www.acaws.ca) or visit us on facebook.

## WHAT TO TAKE IF YOU ARE LEAVING

Are you being abused by someone you love?

You are not trapped

Please ! Don't Wait. We can help.

Emergency: Police, Ambulance	911
Provincial Victims information Line	1-800-563-0808
Helpline for Children	310-1234
Transition House (24 hour)	250-724-2223
Alberni Community & Women's Services	250-724-7111

- If you leave your home be sure to take your:
- Driver's licence or ID
- Birth certificate (and your children's)
- Money, cheque book, credit cards
- Lease, rental agreement, house deed
- Bank book, bank statement
- House keys, car keys
- Social Insurance Card (S.I.N.) (and your children's)
- Address book, phone numbers
- Care card, medications, medical records (and your children's)
- Marriage licence, divorce papers
- passport

## Program Spotlight—Community Resource Centre

Our Community Resource Centre also know as our Drop-in Centre is a safe place to come and access resources, get a cup of coffee and maybe work on a craft project or two. We have harm reduction supplies available.

Our Drop-in Centre is open Monday to Friday from 9:00 - 11:30 am and 12:30—3:30 pm. We are closed every second Friday and all Statutory Holidays.

I've been the Drop-in Coordinator for eight months. What I enjoy most about my job are the connections and interactions with clients and being able to link people up with the appropriate services. Drop by some time.

*Sabrina Ross*

## HOW YOU CAN HELP:



We would like to send a bouquet out to everyone who donates, volunteers, and supports Alberni Community & Women's Services.

We would not be able to provide support and resources for individuals who have been impacted by family violence without help from our generous community partners.

### Current Needs for our Transition House

- \* disposable Razors
- \* blender \* cookie sheets \* bread pans
- \* muffin tins \* pyrex baking dishes
- \* hand mixer
- \* drinking glasses \* silverware \* dishes
- \* coffee mugs
- \* sturdy coat hangers \* laundry basket
- \* small totes \* brooms \* valeta mop
- \* upright vacuum cleaner
- \* fleece blankets
- \* twin size comforters \* dish cloths
- \* tea towels